



## Surgery Reminder Checklist - Pediatric

Your child's surgery is scheduled for \_\_\_\_\_

- Your child should not take any anti-inflammatory medications (such as ibuprofen, Motrin, Advil or Aleve) for one week prior to surgery. As always, no aspirin. Tylenol is permitted.
- Talk to your child's surgeon about taking any medications before surgery if you have additional questions not answered by the Admission Testing Center nurse.
- Call the surgeon if your child has a rash, fever or cold. The surgery may need to be postponed.
- Make child care arrangements for other children.
- Dental patients must have a medical history and physical form from a pediatrician/family physician no older than 30 days prior to surgery date– **IMPORTANT** – Bring with you the day of surgery.
- Bring court or guardianship paperwork if appropriate.
- Please have your child shower or bathe with antibacterial soap (such as Dial) the night before surgery. Also please have freshly laundered, clean sheets on the bed.
- Your child should not apply lotions, cologne, perfume, deodorant, powder or nail polish.
- **Do not allow your child to eat or drink anything after midnight the night before surgery; this includes gum, mints and water.**

### ON SURGERY DAY

- Do remember to have your child take the following medications with a sip of water in the morning on the day of surgery \_\_\_\_\_
- Bring all your child's medications in properly labeled bottles (prescriptions, over-the-counter drugs, herbal remedies, and vitamins).
- Your child may brush his/her teeth, if he/she understands not to swallow water.
- Your child may wear pajamas or comfortable clothes. He/she will change into hospital pajamas upon arrival.
- Your child should not bring or wear any jewelry, rings, piercings, or metal of any type.
- Bring glasses (with the case) and hearing aids.
- Your child may bring a special blanket, toy, game, book, pacifier, empty sippy cup or bottle.
- If your child is taking formula, please bring some but keep out of child's sight until surgery is over.
- Remember to bring important papers (medical history and physical and/or guardianship) if appropriate.
- **Arrive at \_\_\_\_\_ am/pm on the above date.**
- **Park in lot "A" located across from "Entrance A"/Medical Office Center-One.**
- **Enter building through the "Entrance A." Please go directly to the "A" Visitor's Lounge/Outpatient Surgery.**
- Additional Instructions: \_\_\_\_\_

Call the Admission and Testing Center with questions/changes at (618) 257-5460. Let our staff know how we can help on surgery day!